



## #9 RCACC Weekly Routine Orders

Date: Mon 27 Nov 2023

RO No. 23-048

Revision: A

CAF Member Dress: PT

Cadet Dress: PT

**Training Night Routine:**  
(All times 24hr clock)

	Start	Finish
Arrival	1830	
Fall-In / Inspection / Opening	1830	1840
Period One	1845	1915
Break	0:00	0:00
Period Two	1930	2000
Break	NA	NA
Period Three	2015	2045
Fall-In / Closing	2045	2100
Dismissal Time	2100	

**Duty Personnel:**

**Duty Officer:** Capt. A. Coulter  
**Duty Officer Phone:** 5196144546  
**Duty Officer Email:** amy.coulter@cadets.gc.ca

**Duty NCO:** CSM Tony  
**Alternate Duty NCO:**  
**Duty Flight:**

### Weekly Training

		Period 1		Period 2		Period 3	
		1845	to 1915	1930	to 2000	2015	to 2045
Green Star	PO/EO	MX05.01		MX05.01		MX05.01	
	PO Title	Fitness		Fitness		Fitness	
	Location	WO/SGT MESS		WO/SGT MESS		WO/SGT MESS	
	Instructor						
Red Star	PO/EO	MX05.01		MX05.01		MX05.01	
	PO Title	Fitness		Fitness		Fitness	
	Location	WO/SGT MESS		WO/SGT MESS		WO/SGT MESS	
	Instructor						
Silver Star	PO/EO	MX05.01		MX05.01		MX05.01	
	PO Title	Fitness		Fitness		Fitness	
	Location	WO/SGT MESS		WO/SGT MESS		WO/SGT MESS	
	Instructor						
Gold Star	PO/EO	MX05.01		MX05.01		MX05.01	
	PO Title	Fitness		Fitness		Fitness	
	Location	WO/SGT MESS		WO/SGT MESS		WO/SGT MESS	
	Instructor						

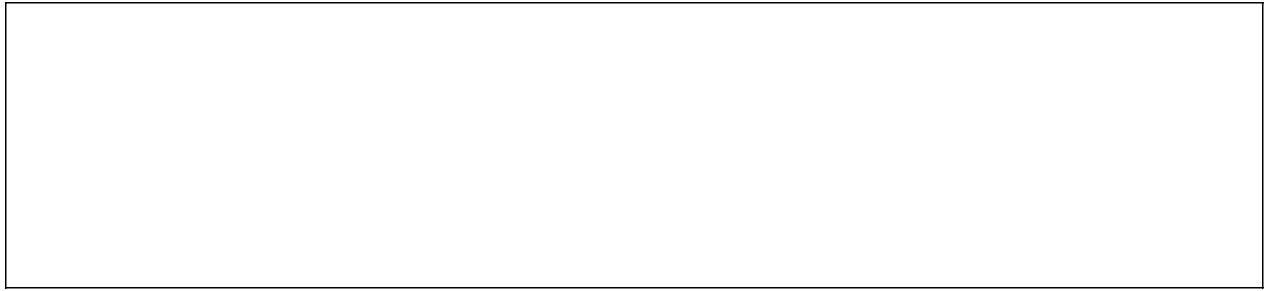
### Weekly Activities 28 Nov 23 to 4 Dec 23


### Upcoming Activities

Activity Start	Activity End	Activity	Location	Dress	OPI
18:00	Mon 21:00	4-Dec-23 CO Parade/Mess dinner etiquette	WO/Sgt mess	C1A	Capt Hastings
18:00	Mon 20:00	11-Dec-23 TOYS 4 TOTS	Western Fair Grounds	C1A	
18:00	Mon 21:00	18-Dec-23 Mess dinner	Legion Branch 317	C1A	

### Notes

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*Nicole Hastings*  
*Captain*  
*Commanding Officer*